



# AUSTRALIAN STUDY LINK INSTITUTE

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## ASLI NEWSLETTER

### Understanding Vilification, Antisemitism, and Our Commitment at ASLI

At ASLI, our community is built on people students and staff from different cultures, backgrounds, and beliefs coming together to learn, grow, and support one another. This diversity is something I am incredibly proud of, and it is also something we must all take responsibility to protect. I want to speak openly about an important issue **vilification and antisemitism**.

Vilification is any behaviour that puts someone down, excludes them, or spreads hate because of who they are their culture, religion, or beliefs. Antisemitism is a form of this behaviour directed towards Jewish individuals or communities. These actions, whether direct or indirect, can deeply impact a person's sense of safety and belonging.

At ASLI, this is not who we are, and it is not something we will ever accept.

### What We Stand For

We are committed to creating a place where every individual feels safe, respected, and valued. This is not just about policies it is about how we treat each other every day.

We make this commitment real by:

- Setting clear expectations through our Code of Conduct about respectful behaviour
- Embedding respect, inclusion, and cultural awareness into our student journey from orientation to completion
- Encouraging open conversations so concerns can be raised early and addressed properly
- Taking every concern seriously and responding in a fair, respectful, and timely manner

For me, this is personal. A safe learning environment is not optional it is essential.

### How We Support You

No one at ASLI should ever feel alone or unheard.

If you experience or witness something that concerns you:

- You can speak to our Student Support team or campus staff at any time
- You can raise concerns confidentially, knowing they will be handled with care and respect
- We will support you, whether that means listening, guiding, or connecting you with additional help

We also ensure our staff are supported and prepared to respond appropriately, so that every concern is handled with understanding and professionalism.

### Our Shared Responsibility

Creating a respectful environment is not just the responsibility of the institute it belongs to all of us.

I encourage every member of our ASLI community to:

- Treat others with kindness and respect
- Be mindful of the impact of words and actions
- Stand up, speak up, or reach out if something doesn't feel right

Sometimes, it's the smallest actions that make the biggest difference in someone's life.

### Moving Forward Together

ASLI is more than a place of study it is a community. And a strong community is one where people feel safe to be themselves, where differences are respected, and where everyone is treated with dignity.

Let us continue to support one another, learn from each other, and build an environment we can all be proud of.

**My door is always open, and your voice always matters**



Mr. Pawandeep Singh Aulakh  
*Chief Executive Officer*

## Staying Safe in Melbourne

Dear Students,

We understand that recent global events and ongoing conflicts in some parts of the world may be causing concern, especially for those who have family and friends overseas. Melbourne continues to be a safe and welcoming city, and authorities are actively working to maintain public safety across Victoria.

Australia is considered a safe country with strong laws, support systems, and emergency services in place to protect everyone. There have been some recent reports and global developments impacting fuel prices and cost of living. In response, the Victorian Government has introduced support measures to assist the community. At this stage, there is no immediate threat to general public safety, and life in Melbourne continues as normal.

The Victorian Government has announced that all public transport (trains, trams, and buses) will be free from 31 March until 30 April 2026 to support residents during rising fuel costs. You can read the official update here: [Free public transport in Victoria \(ABC News\)](#) This is a temporary measure to help reduce travel costs and support the community. You will not need to tap on and off your myki card, and services will continue to operate as normal.

While there is no cause for alarm, we encourage you to follow simple safety practices:

- Stay aware of your surroundings
- Travel with friends where possible
- Use public transport and well-lit areas
- Avoid engaging in unsafe situations

Follow updates from official sources. For helpful safety tips, you can also visit: <https://www.studyaustralia.gov.au/> Please remember our Student Support Team is always here to help you. If you feel concerned, stressed, or unsure about anything, please reach out. All matters will be handled confidentially and with care. For ASLI support, please contact your campus directly or visit the reception for immediate assistance.

### Emergency & Important Contacts

- Emergency (Police / Fire / Ambulance): 000
- Police Assistance Line (non-emergency): 131 444
- Lifeline (24/7 mental health support): 13 11 14

**Classes and Operations:** At this stage, there are no changes to your classes or schedule, and all sessions will continue as usual. If there are any updates or changes, we will inform you promptly through official communication channels.

It is completely natural to feel concerned when hearing global news. Please be reassured that you are in a safe environment, and strong systems are in place to support you.

Stay informed, stay connected, and most importantly look after yourself and each other.



Ms. Roopsirat K Sekhon  
**Campus Manager**

### Important Dates for April 2026

- ⇒3: Good Friday
- ⇒4-6 Easter Saturday to Easter Monday
- ⇒13: Orientation for April 2026 intake
- ⇒15: April intake CoE start date
- ⇒15: April fee due date
- ⇒ 25: Anzac Day

### Important Dates for May 2026

- ⇒12: Orientation for May 2026 intake
- ⇒15: May intake CoE start date
- ⇒15: May fee due date

### Important Dates for June 2026

- ⇒8: King's Birthday
- ⇒11: Orientation for June 2026 intake
- ⇒15: June intake CoE start date
- ⇒15: June fee due date

## Easter Breakfast – 1 April 2026

Hello students!

Get ready to hop into Easter fun! On Wednesday, 1 April 2026, our campus will be buzzing with excitement for a special Easter Celebration. Enjoy a delicious breakfast, Easter-themed activities designed to bring out your creativity and team spirit.

About Easter: Easter is a festive season celebrated around the world to mark new beginnings and the arrival of spring. It's associated with Easter eggs, bunnies, and fun activities, symbolising renewal, joy, and hope.

Join us for a breakfast while celebrating this joyful season. It's the perfect way to connect with friends, make new memories, and enjoy a festive morning together.

**Date:** Wednesday , 1 April 2026 Time: 10 AM onwards

**Location:** Level 2, 123 Lonsdale Street, Melbourne VIC 3000

Bring your energy, enthusiasm, and festive spirit, we can't wait to **celebrate Easter with all of you!**



## Tips for Student Wellbeing, Stress Management & Networking Opportunities

Hello Students,

Studying and managing everyday life can sometimes feel overwhelming, so it's important to take care of both your **mental and physical wellbeing**. Here are some practical tips to help you stay balanced, reduce stress, and make the most of your time on campus:

### 1. Prioritise Your Wellbeing

- Take regular breaks while studying - short walks, stretches, or deep breathing exercises can help refresh your mind.
- Maintain a balanced diet and stay hydrated to keep your energy levels up.
- Ensure you get enough sleep - rest is essential for focus, memory, and overall health.

### 2. Manage Stress Effectively

- Break large tasks into smaller, achievable steps to avoid feeling overwhelmed.
- Try mindfulness techniques, meditation, or journaling to stay grounded.
- Reach out to campus support services if you feel stressed or need someone to talk to. Our counselling and student support teams are here to help.

### 3. Build Your Network

- Join special interest groups on campus to meet like-minded peers.
- Attend workshops, seminars, or social events to expand your connections.
- Networking isn't just about jobs - it's about learning from others, sharing ideas, and creating lasting friendships.

### 4. Campus Support Services

- **Student Counselling & Wellbeing** – Confidential support for personal, academic, or career concerns.
- **Peer Mentoring Programs** – Connect with senior students for guidance and advice.
- **Student Clubs & Groups** – Participate in cooking, leadership, or cultural clubs to meet fellow students and build a supportive community.
- **Academic Support** – Tutoring, workshops, and study resources are available to help you succeed.

Remember, your wellbeing and social connections are just as important as your studies.

Take the time to look after yourself, get involved, and reach out when needed, you are never alone on your learning journey!

Mrs. G Dhillon  
*Training Manager*